

EN.600.450.01.FA11
Network Embedded Systems/Sensor Networks
Week 4: Medium Access Control

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Outline

- ▶ **Background in MAC protocols**
 - ▶ Role and features of MAC protocols
 - ▶ Scheduled access vs. Randomized access
 - ▶ Additional WSN requirements
- ▶ **Examples**
 - ▶ S-MAC
 - ▶ T-MAC
 - ▶ B-MAC
 - ▶ X-MAC (Thursday's paper)
 - ▶ SCP-MAC
 - ▶ RI-MAC (Project)

MAC and its Classification

- ▶ Medium Access Control (MAC)
 - ▶ When and how nodes access the shared channel
- ▶ Classification of multiple access MAC protocols
 - ▶ Scheduled protocols
 - ▶ Schedule nodes onto different sub-divisions
 - ▶ Examples: Time (TDMA), Frequency (FDMA), Code (CDMA)
 - ▶ Contention-based protocols
 - ▶ Nodes compete in probabilistic coordination
 - ▶ Examples: ALOHA (pure & slotted), Carrier Sense (CSMA)

MAC Attributes

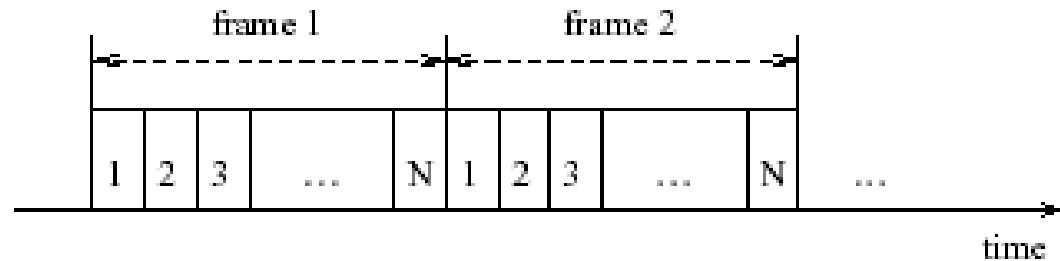
- ▶ Collision avoidance
 - ▶ Basic task of a MAC protocol
 - ▶ Energy efficiency
 - ▶ Scalability and adaptivity
 - ▶ Network size, node density and topology change
 - ▶ Channel utilization
 - ▶ Latency
 - ▶ Throughput
 - ▶ Fairness
- Primary
- Secondary

Energy Efficiency in MAC Design

- ▶ What causes energy waste?
 - ▶ Packet collisions
 - ▶ Control packet overhead
 - ▶ Overhearing unnecessary traffic
 - ▶ Long idle time
 - ▶ Bursty traffic in sensornet applications
 - ▶ Idle listening consumes 50—100% of the power for receiving
 - ▶ Wakeup period (time between wakeups)
 - ▶ Duty Cycle = listen period/Wakeup period

Scheduled Protocols

▶ TDMA



▶ Advantages

- ▶ No collisions
- ▶ Energy efficient — easily support low duty cycles

▶ Disadvantages

- ▶ Bad scalability and adaptivity
 - Difficult to accommodate node changes
 - Difficult to handle inter-cluster communication
- ▶ Requires time synchronization

Scheduled Protocols

▶ Polling

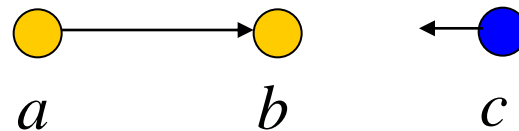
- ▶ A special TDMA without pre-assigned slots
- ▶ A master plus one or more slaves (star topology)
 - ▶ The master node decides which slave can send by polling the corresponding slave
 - ▶ Only direct communication between the master and a slave

▶ Examples

- ▶ IEEE 802.11 infrastructure mode (CFP)
- ▶ Bluetooth *piconets*

Contention-Based Protocols

- ▶ CSMA — Carrier Sense Multiple Access
 - ▶ Listening before transmitting
 - ▶ Collisions can still occur



Hidden terminal: *a* is hidden from *c*'s carrier sense

- ▶ Examples
 - ▶ IEEE 802.11 – CSMA/CA
 - Collision Avoidance – random back-off time
 - ▶ IEEE 802.11 RTS/CTS
 - RTS/CTS/DATA/ACK

Case Study: S-MAC

- ▶ S-MAC — by Ye, Heidemann and Estrin
- ▶ Tradeoffs
 - ▶ Increase latency and decrease fairness to improve energy efficiency
- ▶ Major components in S-MAC
 - ▶ Periodic listen and sleep
 - ▶ Collision avoidance
 - ▶ Overhearing avoidance
 - ▶ Message passing

From “Medium Access Control With Coordinated Adaptive Sleeping for Wireless Sensor Networks” by Ye et al.

Coordinated Sleeping

- ▶ Problem:

- ▶ Idle listening consumes significant energy

- ▶ Solution:

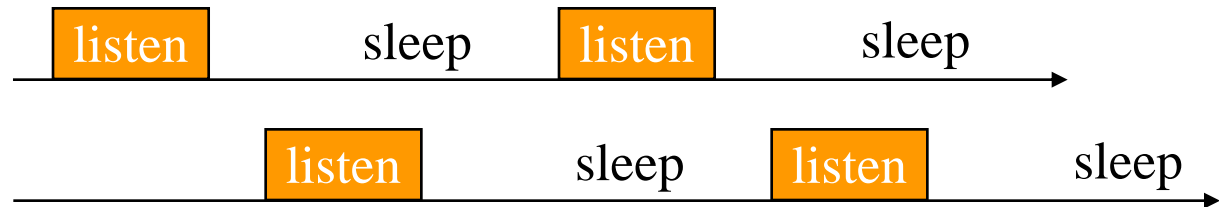
- ▶ Periodic listen and sleep



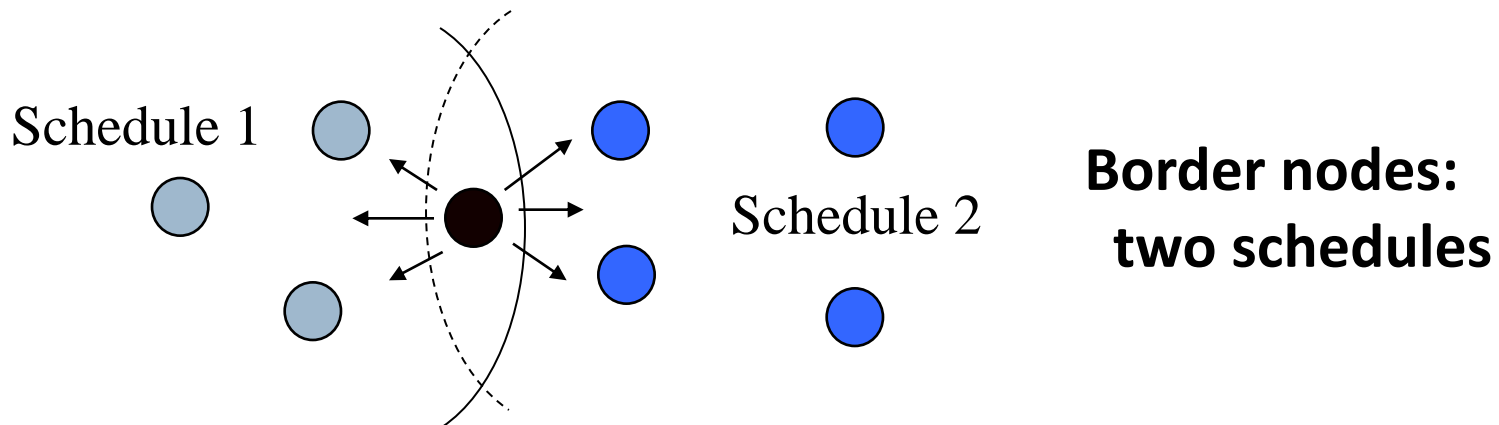
- ▶ Turn off radio when sleeping
- ▶ Reduce duty cycle to $\sim 10\%$ (120ms on/1.2s off)

Coordinated Sleeping

- ▶ Schedules can differ



- ▶ Prefer neighboring nodes have same schedule
— easy broadcast & low control overhead

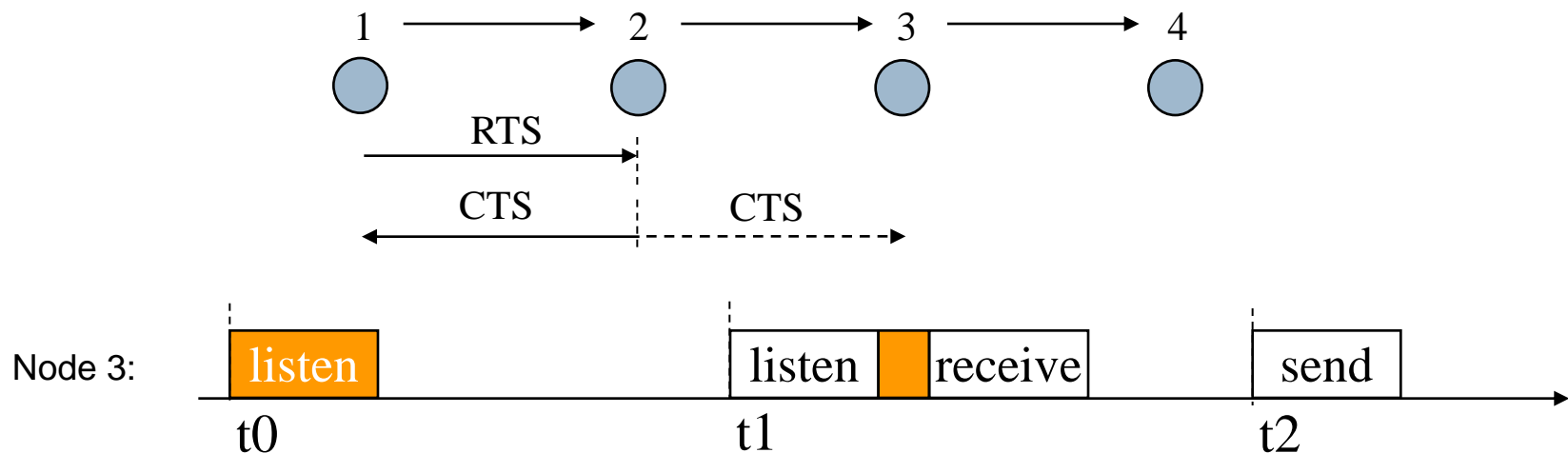


Coordinated Sleeping

- ▶ **Schedule Synchronization**
 - ▶ New node tries to follow an existing schedule
 - ▶ Remember neighbors' schedules
 - to know when to send to them
 - ▶ Each node broadcasts its schedule every few periods of sleeping and listening
 - ▶ Re-sync when receiving a schedule update
- ▶ **Periodic neighbor discovery**
 - ▶ Keep awake in a full sync interval over long periods

Adaptive Listening

- ▶ Reduce multi-hop latency due to periodic sleep
- ▶ Wake up for a short period of time at end of each transmission



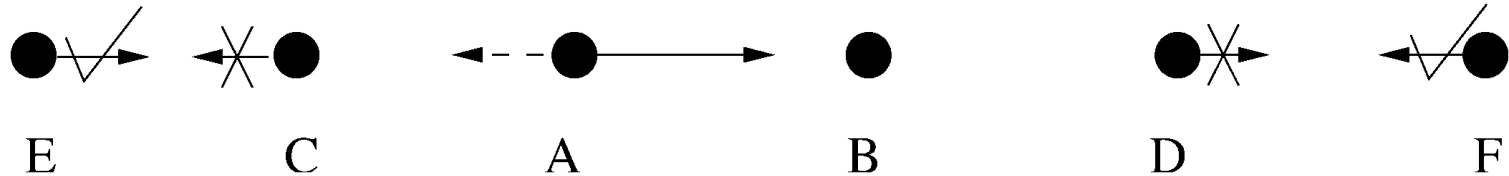
- ▶ Reduces latency by at least half

Collision Avoidance

- ▶ S-MAC is based on contention
- ▶ Similar to IEEE 802.11 ad hoc mode (DCF)
 - ▶ Physical and virtual carrier sense
 - ▶ Randomized backoff time
 - ▶ RTS/CTS for hidden terminal problem
 - ▶ RTS/CTS/DATA/ACK sequence

Overhearing Avoidance

- ▶ Problem: Receive packets destined to others
- ▶ Solution: Sleep when neighbors talk
 - ▶ Basic idea from PAMAS (Singh, Raghavendra 1998)
 - ▶ But only use in-channel signaling (RTS/CTS)
- ▶ Who should sleep?
 - ▶ All immediate neighbors of sender and receiver



- ▶ How long to sleep?
 - ▶ The duration field in each packet informs other nodes the sleep interval

Adaptive Listen Slots

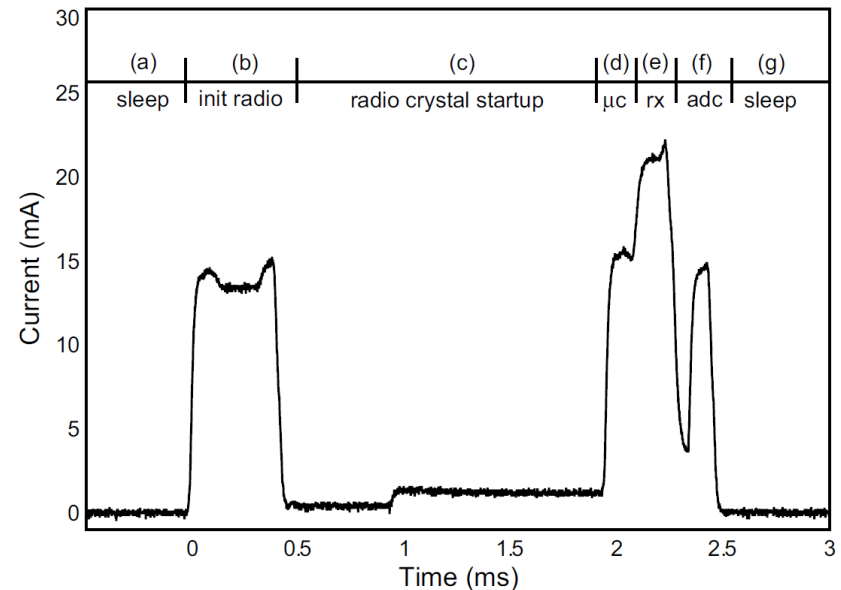
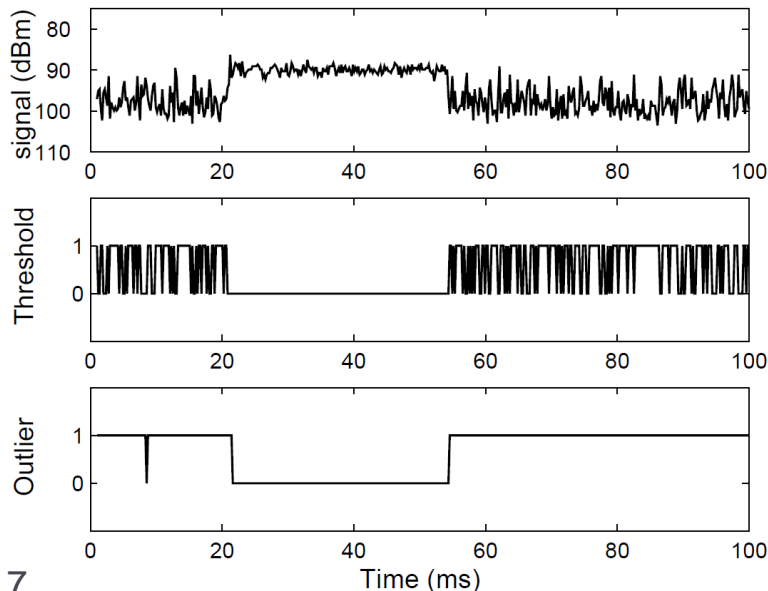
- ▶ In S-MAC all nodes have listen slots of the same duration
 - ▶ Different nodes might have different Tx/Rx patterns
 - ▶ Idle listening wastes power
 - ▶ Idea: adaptively change the idle listen slot

“An Adaptive Energy-Efficient MAC Protocol for Wireless Sensor Networks” (aka T-MAC) by T. van Dam, K. Langendoen

Low Power Listening (contention based)

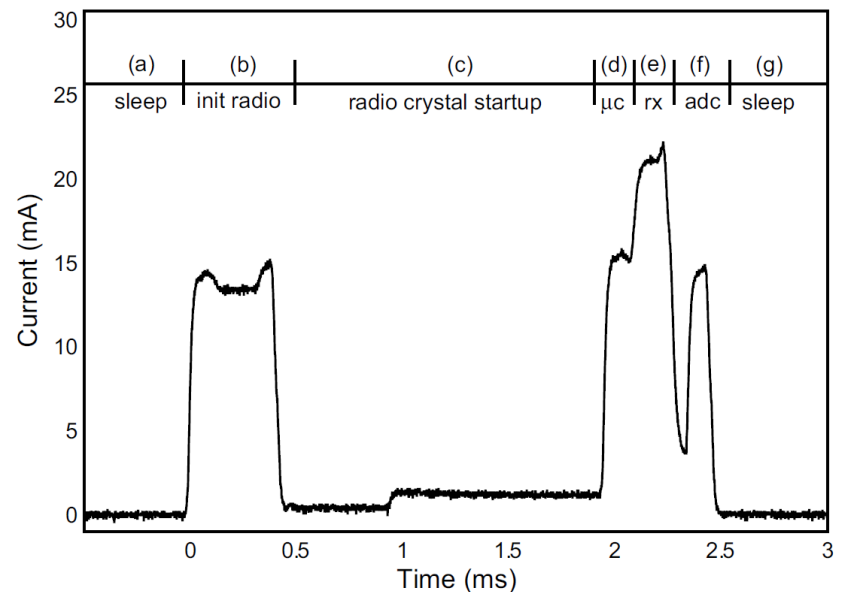
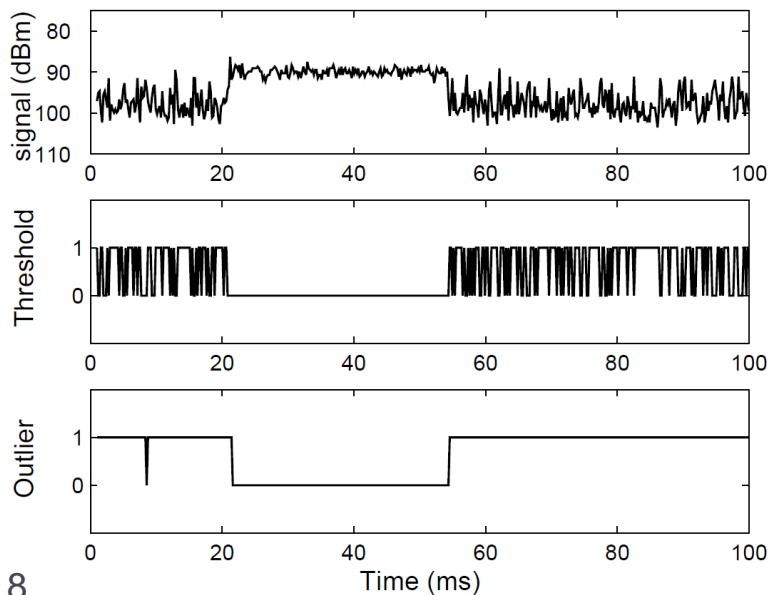
▶ Principle

- ▶ Node periodically wakes up, turns radio on and checks channel
 - ▶ Wakeup time fixed, “Check time” variable
 - ▶ If energy is detected, node powers up in order to receive the packet
 - ▶ Noise floor estimation used to detect channel activity during LPL



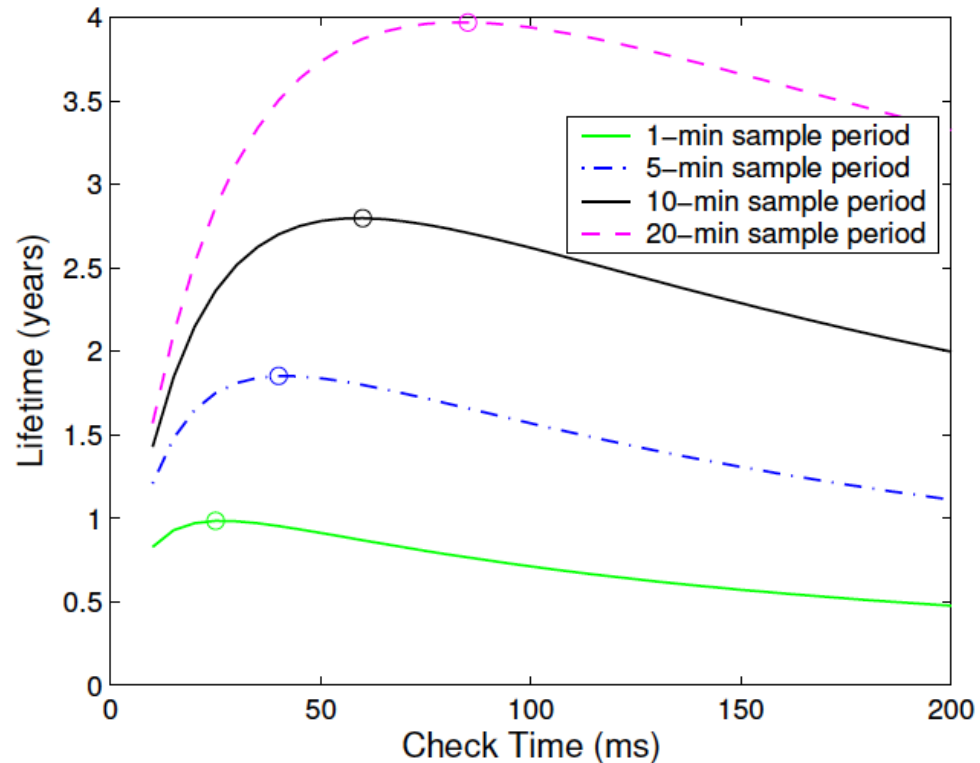
Low Power Listening

- ▶ Node goes back to sleep
 - ▶ If a packet is received
 - ▶ After a timeout
- ▶ Preamble length matches channel checking period
 - ▶ No explicit synchronization required
- ▶ Goal: minimize listen cost



LPL check interval (B-MAC)

- ▶ Single-hop application doing periodic data sampling
- ▶ Sampling rate (traffic pattern) defines optimal check interval
- ▶ Check interval
 - ▶ Too small: energy wasted on idle listening
 - ▶ Too large: energy wasted on transmissions (long preambles)
- ▶ In general, it's better to have larger preambles than to check more often!



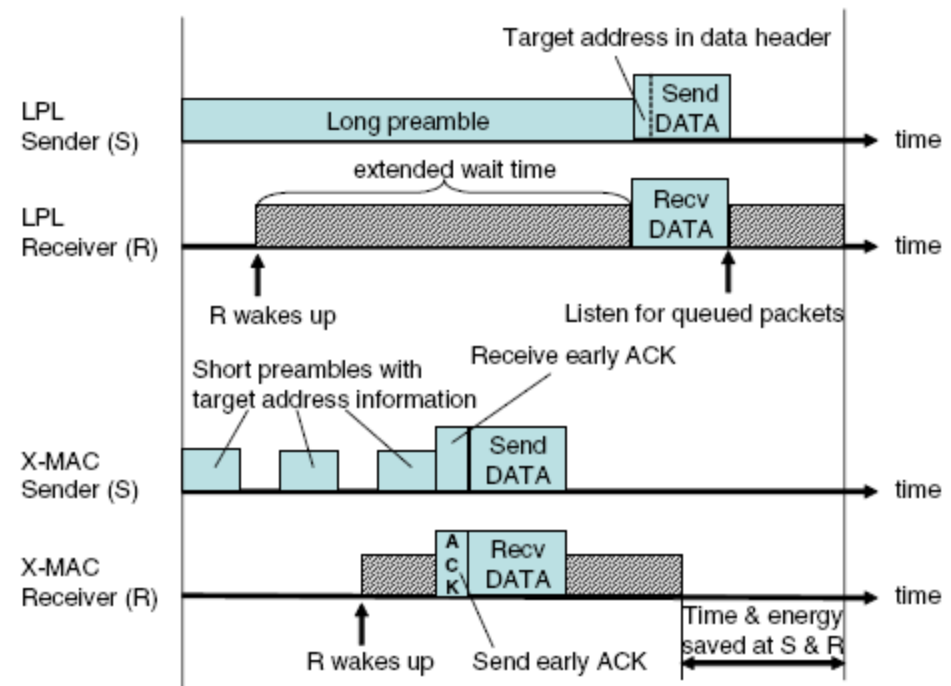
From "Versatile Low Power Media Access for Wireless Sensor Networks" by Polastre et al.

LPL Limitations

- ▶ Overhearing: Non-targeted receivers who sample the channel during preamble transmission have to wait until the end of the preamble to go back to sleep
 - ▶ Energy expenditure is a function of density as well as traffic load
- ▶ Entire preamble needs to be sent before data transmission
 - ▶ Even though on average receiver wakes up half way through the preamble
- ▶ Multiple senders need to send entire preamble to the same receiver

X-MAC

- ▶ Preamble contains destination ID
 - ▶ Other receivers can return to sleep
- ▶ Strobed preamble
 - ▶ Receiver sends ACK after receiving short preamble
- ▶ Receiver stays awake after packet reception
 - ▶ Transmissions from pending senders can proceed without additional preambles



From "X-MAC: A Short Preamble MAC Protocol for Duty-Cycled Wireless Sensor Networks" by Buettner et al.

Scheduled Listening and LPL

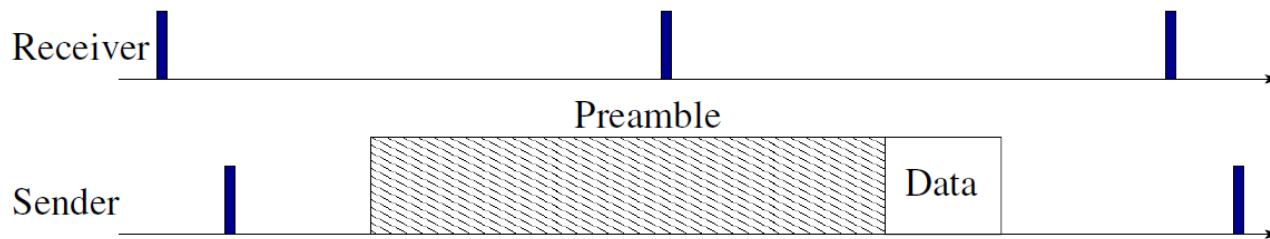
▶ Scheduled listening

- ▶ Advantage – efficient transmission
- ▶ Disadvantages-
 - ▶ Synchronization overhead
 - ▶ Listen interval is too long in existing protocols

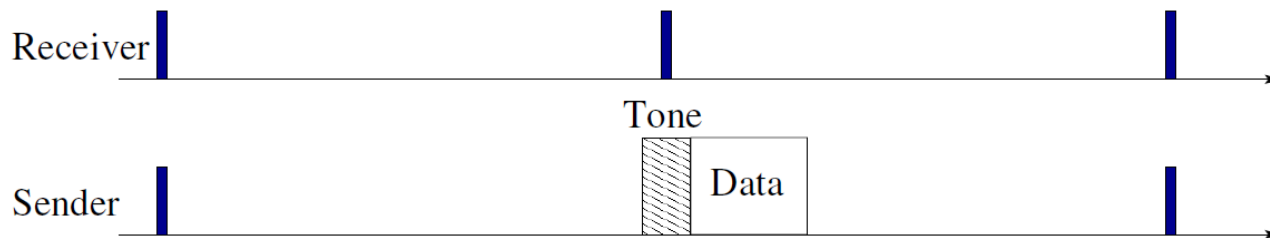
▶ Low-Power Listening

- ▶ Advantage – minimizes listen cost when no traffic
- ▶ Disadvantage – high costs on transmission

Scheduled Channel Polling (SCP-MAC)



(a) Low-power listening (LPL)

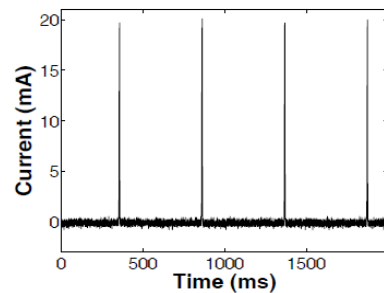


(b) Synchronized channel polling (SCP)

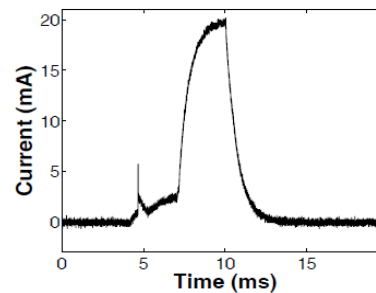
- ▶ SCP synchronizes neighbor's channel polling time
 - ▶ A short wake up tone wakes up receiver
 - ▶ It is efficient for both unicast and broadcast packets

“You talkin’ to me?”

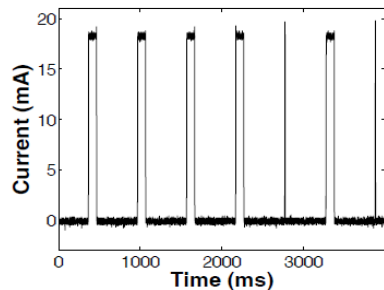
- ▶ Inherent problem with LPL
 - ▶ Overhearing increases idle listening
 - ▶ WiFi can trigger overhearing



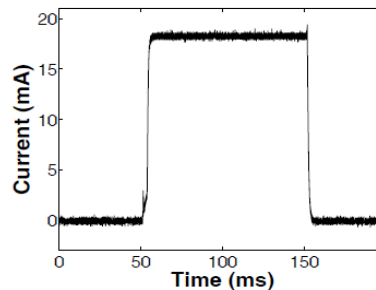
(a) LPL sampling (no interference)



(b) LPL sample detail



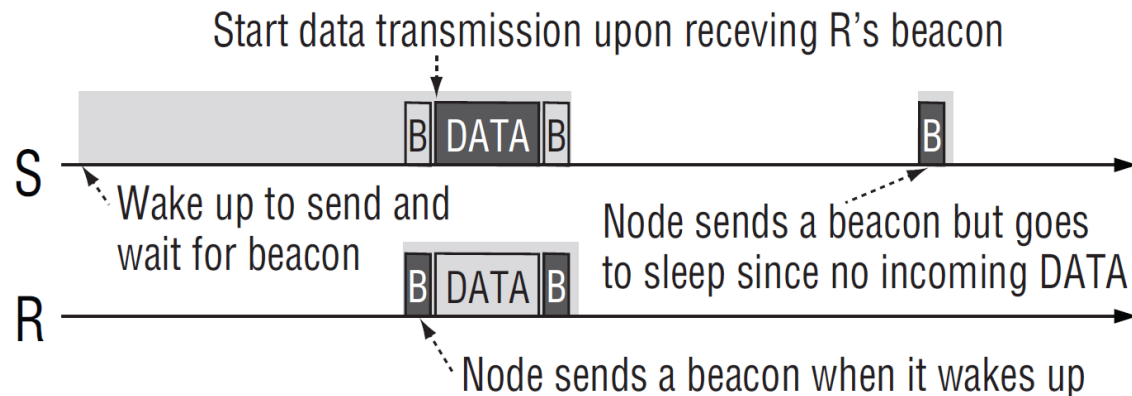
(c) LPL sampling (w/ interference)



(d) LPL overhearing detail

Receiver Initiated MAC

- ▶ Goal:
 - ▶ Reduce idle overhearing in dense networks
- ▶ RI-MAC
 - ▶ Sender does the idle listening
 - ▶ Receiver transmits beacons

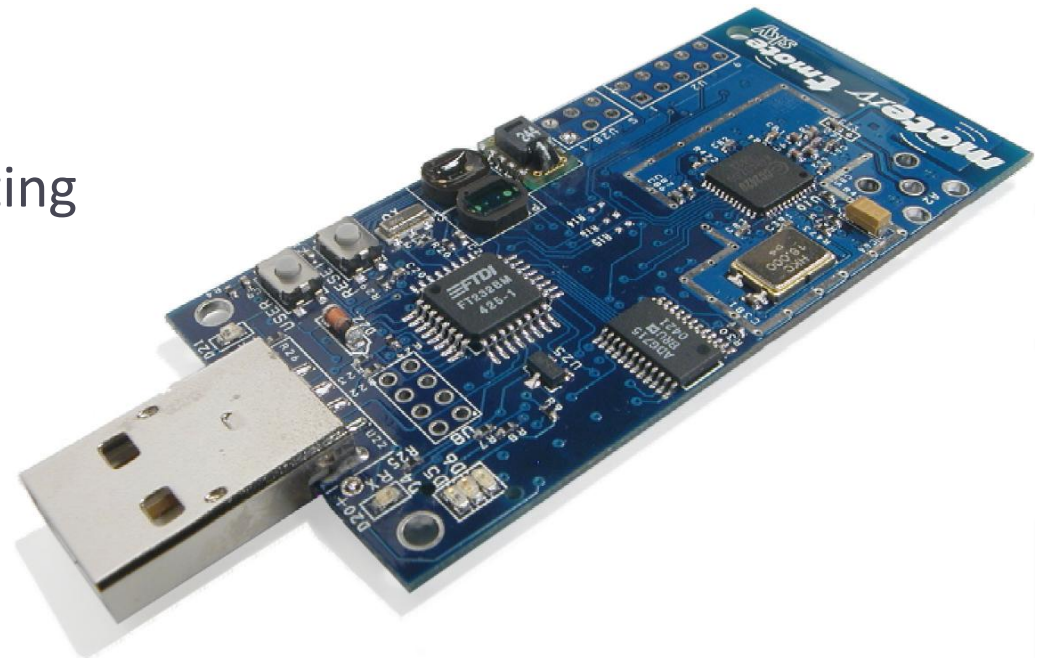


- ▶ Implementation part of the final project!

Summary

- ▶ Medium Access Control
- ▶ Scheduled
- ▶ Contention
- ▶ [A-Z]-MAC

- ▶ Next week:
 - ▶ Link Estimation and Routing



Schedule

- ▶ Week 1: Introduction and Applications
- ▶ Week 2: Mote Hardware
- ▶ Week 3: Embedded Programming
- ▶ Week 4: Medium Access Control
- ▶ **Week 5: Link Estimation and Tree Routing**
- ▶ Week 6: IP Networking
- ▶ Week 7: Energy Management
- ▶ Week 8: Time Synchronization
- ▶ Week 9: Review and Midterm
- ▶ Week 10: Operating Systems and Programming Languages
- ▶ Week 11: Advanced Networking Topics
- ▶ Week 12: Localization
- ▶ Week 13: Energy Harvesting
- ▶ Week 14: TBD